

Society for International Folk Dancing

SIFD NEWS



March 2020

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Packaging, posting and electronic distribution is done by Dalila Heath.

The cover shows members of the Worthing group and their banner - they celebrate 40 years of dancing this year (see page 6), and their logo is this month's motif.

Folk Dancer Online the magazine of the Ontario Folk Dance Asscn. may be viewed on the OFDA website: <http://ofda.ca/wp/magazine/>

The Bognor Regis group have been asked to display **FAST** dances continuously for **one hour** at an upcoming 'fitness' event. Dancing undoubtedly keeps you fit but **non-stop** for an hour? Hopefully you'll still have an Editor in April.

Ed.



From the SIFD's Insurance Administrator

As I have retired, I no longer have access to the many insurance markets available. The insurer on the scheme that SIFD's Insurance Brokers use changed last year. The new insurer decided to amend the liability premium rating. I also enquired of Musicians Insurance Services as to the cost of an individual policy for each club. MIS quoted a higher premium per club than the block policy and they felt that a block policy would also have been higher than the current insurers. However, in the interest of the SIFD and its clubs I feel that it would be prudent for SIFD to obtain, in time for next year's renewal, a thorough review of what is available.

Is there any member who works for an Insurance Broker? If so, please can they get in touch so that I can discuss this with them and alternative quotations can be obtained. This will ensure that SIFD and its clubs can be sure that the most competitive premium is obtained. Thank you.

Richard S Thom

SIFD Insurance Administrator

89 Chepstow Close, Stevenage, Hertfordshire, SG1 5TT

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DATES FOR YOUR DIARY

- S.I **Apr. 5: SIFD DANCE** see page 9
- S.I **Apr. 5: GREEK DANCES FROM PONTOS** taught by Dimitris Triandafyllidis. 10:30 a.m.- 4:30 p.m. at West Wickham Methodist Church Hall, Hawes Lane, West Wickham, Kent, BR4 9AA. On-street parking. £30 (incl. refreshments). Cheques payable to 'Helios' and sent to Sue King, 83 Upland Road, Sutton, Surrey, SM2 5JA.
- S.I **Apr. 18: BALKANPLUS** MCs will be Greg Boyd and Hora Sheffield. Admission £6. **Note:** This is the third Saturday in April.
- S.I **Apr. 24-27 GREAT ALNE LONG WEEKEND** (Fri. afternoon - Mon. afternoon) (near Alcester, Warwickshire) International Folk Dancing with our special guest Karin Bellaart from the Netherlands. Other varied dancing, making music, handbell ringing, Maypole dancing, part singing, walking and cycling. www.greatalnefolk.org.uk or phone Paul Lindley on 0121 689 1802 or 07913 615002
- S.I **May 1-3: MAY HEYDAYS** see page 9
- S.I **May 1-4: SIFD HALSWAY MAY WEEKEND** (option to stay until a.m. 5th May) Int. Folk Dances led by Janet Woolbar each evening, a mix of band and recorded music. Guided walks Sat. Sun. Mon. Time to visit the local area. We only have non en-suite rooms available. More info: Robin Morris 01564773482 or robinnimbo@aol.com
- S.I **May 9: BALKANPLUS** in Trefusis, Cecil Sharp House, Camden NW1 7AY, starting at 7.00pm. MCs will be the Barnet Group. £6.
- S.I **May 29: FRENCH EVENING**, hosted by **RAINMAKERS IFDG**, live music from Danse Herts musicians, 8-10.45pm at St Michael's Parish Hall, Broadway, Letchworth, SG6 3PQ. £5.00 for the evening. More info from Mark (01462 454210).
- S.I **Sep. 12-13: BULGARIAN DANCE - ILIANA BOŽANOVA** Workshop Sat: 10.30am–4.30pm at St. Paul's CE Primary School *
Balkanplus Party 7pm- 10.30pm at Cecil Sharp House** Sun:10.30am – 4.30pm at Cecil Sharp House** W/shops: Sat. £40 (£30), Sun. £25 (£20), Party £10, W/E package £55 (£45) Early bird prices (brackets) until end of July. Further discounts for Balkanplus season ticket holders. Cheque payable to Balkanplus with SAE to Maureen Felton, 28 Henslow Road, Ipswich IP4 5EG www.balkanplus.org.uk

Oct. 3: WORLD DANCES WITH ANNE LEACH + some by Gill Morral. A mix of partner and non-partner dances. Day course £10.00, ½ day £7.00. Bramcote Memorial Hall, Church Street, Nottingham, NG9 3HD. Gill Morral – gill.morral@ntlworld.com or 0115 9171831.

Nov. 6-9: THREE NIGHT INT. FOLK DANCING with walking led by Phil & Brenda Steventon. Dancing morning & evening, 4-5 mile afternoon walks led by an HF walking leader. at Harrington House, Bourton on the Water, Gloucestershire GL54 2BY

Events covered by SIFD insurance are marked S.I.

*Please remember that the onus is on **you** to mark each event when sending in the notice if your event is covered by our insurance.*



Balkan Folk Dance Camp in Belgrade

Arrival in Belgrade, 28.12.2020 – 01.01.2021

Cile Mitic: workshops for Serbian and former Yugoslavia dances.

Dimitar Petrov (Mitko): traditional Bulgarian and Balkan dances.

Arrive 28th December at Belgrade. Dinner and welcome evening at the headquarters of the Kud Gradimir House.

29.12 to 31.12. Workshops (3 hours each morning), meals and city tours, evening party / repetition of dances and mix of international dances, participants' suggestions welcome. **New Year's Eve Party**

1st January 2021: Meals and dance classes will be held at the headquarters of the folk group Kud Gradimir House. Map:

<https://goo.gl/maps/C8EX92oaMXdGPDscA>

Address: Mileševska 42a, Belgrad Price: 350 EUR/Prs.

Includes: meal on arrival, Accommodation , 3 meals a day, dance classes, New Year's Eve incl. alcohol, breakfast on 01.01.2021.

Flight tickets to Belgrade and tickets to museums are not included.

The number of places is limited! Bookings close 31st May!

Information and applications: **Ibrahim Rizevski**/Serbia, rizevski@hotmail.ch or Anna Trabala-Nergiz/Poland, folkforfunpozn@gmail.com

40 years of International Folk Dancing in Worthing



On March 21st, 1980, Iris Birch, armed with her first international record (it had Chekassia Kfula on it and is still danced today) and her Adult Ed. Teaching Cert. founded the Interdance Club in Worthing. Previously, she had taught small dance classes (clogging, square dance and Playford).

During the 1980's, Interdance Worthing became a popular and a widely known dance club and had at one time 70 members. The repertoire was entirely due to Day Courses using visiting teachers from the S.I.F.D. Their first Day Course was in 1984 - French Dances with Simon and Joan Guest. Interdance Worthing also had close ties with the Merton Group, who sometimes came and danced with them.

Iris has a reputation for good teaching, with emphasis on correct style and has often helped me with dances. She made teaching aids, costumes and a banner (*front cover*). The late Uri Gerson was a big influence on her and she remembers how much Walt Tingle encouraged and supported her to start displaying international folk dances.

below - dancing Hassapikos on the seafront at Worthing





As well as the seafront, they also gave displays at quite a few different retirement homes (*see the rather idyllic picture on the back page*).

Iris is also indebted to her brother Michael Allison without whose support in the early days she could never have managed. He was her taxi, porter and support during the difficult days of finding suitable halls for dancing, and transporting equipment and costumes; also an excellent dancer who has since started a U3A group down in Devon.



In 1992 due to ill health Iris had to step back from running the club and a committee took over as Worthing Dance International. They continued to give some displays and still offer International Dancing every Friday evening. Ella leads most of the dancing and Helen (01903 535366) and Mary (01903 690165) can be contacted for information.

Iris (*left*) still dances as much as possible, long may it continue; and hopefully, there will be another 40 years of International Folk Dancing in Worthing.

Janet Douglas

Iliana Božanova in London and more

Balkanplus is delighted to welcome back Iliana and Todor on 12th and 13th September. Full details of the weekend can be found on the Dates for Your Diary page. In every visit, Iliana has brought us dances of lasting popularity and accompanying music that has that ear worm quality. As I have already hinted, at the time of her UK visit there will be an announcement of another incredible Bulgarian tour in 2021 organised and led by Iliana. All I can say at this stage is that it will be in late May and early June next year.

Last month we enjoyed the first appearance at Balkanplus of the Balkan Ceilidh band Ygra. In a shared programme with Meryl Abraham, Ygra gave a lively performance with Charlotte Clare putting us through our paces on the floor. I hope we see more of them in the future.

Just to mention that Jaap Leegwater contacted me and others recently. Jaap, who used to be a regular visitor from Holland, brought us many Bulgarian dances that have remained in club repertoires. He might be visiting London on business for a few days in March but there is no confirmation at the time of the SIFD News deadline. Those interested in meeting him should contact me. If he does come, there is a chance that he would make a cameo appearance at Friday Feet, Balkanplus or Barnet. Needless to say, the aforementioned groups have been notified about this. A reminder that Balkanplus on 14th March will be MCed by Jill Bransby and Alan Trangmar of Rainmakers.

Brian Dowsett



A Journey through Anatolia with Dalila Heath

Saturday 21 March at Puriton Village Hall (Just off jct.23 on the M5) 10.30–4.30; to include dances from Turkey, Armenia and Israel. Live music all day from Mike, Clyde, Maya and Dave followed by a light supper before you go home and the option of more dancing afterwards. Cost £25. Please bring a vegetarian lunch to share.

To book, please send a cheque for £25, made out to 'Kalamos', to Fisheries Cottage, Stolford, Nr Bridgwater, TA5 1TN. For details, please contact Frances (francesefawkes@gmail.com 01278 652586)

May Heydays, 1 to 3 May 2020

Former Eastbourne International Folkdance Festival is moving to the De Montfort School, WR11 1DQ in Evesham. There will be a full International dance programme with experienced Macedonian teacher,



Snezana Balkanska, presenting village dances and a choreographed selection. Karin Bellaart from the Netherlands will teach a couple of General International workshops. Bob Robinson will lead an evening dance.



The festival offers French/Breton workshops, and a bal with live music by Confluence. All dances at the 3 evening events will be walked through. The band will be Klerizma, with Maya Buckley, Chris Edmunds and drummer Dave Hiscock, all experienced international/circle dance musicians.



The festival also offers American, English (modern and historic) and Scottish folk dance events, singing, music workshops and more. Weekend tickets £97. Camping in the school grounds: £20 per person for the weekend. Day tickets (£48) available from 1 Apr.

For detailed information, including tickets, draft programme, performers' details, accommodation tips, stewarding etc, please visit the festival website www.mayheydays.org.uk or contact

Mecki Testroet, director@mayheydays.org.uk



SIFD March Dance

This month our dance is on 1st March. Why not come along and put a Spring in your step? Our MC's are Ian Green and Alison Scrimshaw who enjoyed their first experience as MC's so much that they are back to have another go! The dance is at Primrose Hill Community Centre, Hopkinson's Place, Fitzroy Road, London NW1 8TN. The SIFD Band will be playing for us and we start prompt at 6.45pm finishing in time to clear hall by 9.30pm (hall available from 6.30pm). Next month's dance is on Sunday 5th April. See you there,

Brenda Steventon

Dans sa Cabane

French-Chaalonaise

Intro

7 C G C C F C G7 C G7 C

13 G C F C

20 G C F G C G C

28 G C G C D7 G

While men inspect petticoats of partners

D7 G C G C G7 C

Chords: slowly + with emphasis

"Wilf Horrocks' Collection"

Dans sa Cabane - All that I can find out is that it is a French Nursery Rhyme which is sung with hand gestures (nothing about petticoats):

Un jour dans sa cabane
 Un jour dans sa cabane
 Un tout petit petit bonhomme
 Jouait de la guitare
 Olé olé oh banjo !

One day in his cabin
 One day in his cabin
 A little little guy
 Was playing the guitar
 Ole olé oh banjo!

**Zoom bala zoom bala zoom bom
 bom x 3 Olé olé oh banjo !**

Zoom etc..

Un jour dans sa cabane
 Un tout petit petit bonhomme
 Mangeait une banane
 Olé olé oh banjo !

One day in his cabin
 A little little guy
 Was eating a banana
 Ole olé oh banjo!

Zoom etc..

Zoom etc..

Un soir dans sa cabane
 Un tout petit petit bonhomme
 Dormait sur sa paillasse
 Olé olé oh banjo ! **Zoom etc..**

One night in his cabin
 A little little guy
 Was sleeping on his straw mat
 Ole olé oh banjo!

Zoom etc..

Enbenet Reel from Denmark will be featured in the April issue. **Ed.**



SIFD Committee

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WHAT'S ON IN MARCH

- S.I **Sunday 1st SIFD DANCE** see page 9
- S.I **Friday 6th GENERAL EVENING COURSE** with Meryl Abraham, Rainmakers IFDG, 8-10.30pm at St Michael's Parish Hall, Broadway, Letchworth, SG6 3PQ. £5.00. More info from Mark (01462 454210)
- S.I **Sunday 8th DAY OF DANCE WITH CATHY MEUNIER** £12. at Witnesham Village Hall, Church Lane, Witnesham, IP6 9JD near Ipswich. 11-5. Sally Fletcher: 01473 252824 or fletcherism@aol.com
- S.I **Saturday 14th BALKANPLUS** see page 8
- Fri.20th-Mon.23rd 3 NIGHT INT. FOLK DANCING & WALKING** led by Phil & Brenda Steventon. Dancing morning & evening, 4-5 mile walks with HF leader at Newfield Hall, Malhamdale, North Yorkshire BD23 4AA tel: HF: 0345 470 8558 or Phil: 020 8397 9649
- Saturday 21st A JOURNEY THROUGH ANATOLIA** see page 8
- Saturday 28th ISRAELI DANCES WITH DALILA HEATH** £7.00. 2-5.30pm. New Stapleford Comm. Hall, Washington Dr, Nottingham, NG9 8PY. details gill.morral@ntlworld.com or 0115 9171831.



All material for the April issue of the SIFD NEWS must be received by the Editor in writing by 18th March .